



427 Main Street Reinbeck, IA 50669

(319) 823-0025

Nurse Practitioner, Medical Director: Rachel Schmidt, ARNP, FNP-C

rachel.e.r.infusions@gmail.com

## **Vitality Medical Spa**

### **Weight Loss Program Options and Descriptions with Pricing**

#### **Tirzepatide**

Tirzepatide is a dual GIP and GLP-1 receptor agonist that helps regulate appetite, satiety, and insulin response. It is administered as a once-weekly injection and is part of a comprehensive weight management program that includes dietary changes and increased physical activity. Clinical trials have shown that tirzepatide can lead to significant weight loss, with many participants achieving a 15% or greater reduction in body weight. Tirzepatide is known to have fewer side effects than semaglutide, and has historically been a better option for those with autoimmune illnesses and who are perimenopausal or have already been in menopause.

#### **Semaglutide**

Semaglutide is a GLP-1 receptor agonist that mimics a naturally occurring hormone in the body to regulate blood sugar and appetite. It is administered as a weekly injection and is often part of a comprehensive weight loss program that includes dietary changes and lifestyle modifications. Clinical trials have shown that semaglutide can lead to an average weight loss of 15% over 68 weeks.



Vitality Medical Spa  
**GLP-1 Pricing**

**UPDATED**  
*December 2025*

SEMAGLUTIDE	TIRZEPATIDE	ZEPBOUND
2.5 mg Vial (lasts 1-2 months) <b>\$170</b>	30 mg Vial (lasts 1-2 months) <b>\$450</b>	Prescription sent to Eli Lilly Self Pay Pharmacy
5 mg Vial (lasts 2-3 months) <b>\$250</b>	60 mg Vial (lasts 2-3 months) <b>\$650</b>	2.5 mg \$399/mo
10 mg Vial (lasts 3+ months) <b>\$400</b>		5mg-15mg \$449/mo (these are paid directly to Eli Lilly)
		<b>90 DAY PRESCRIPTION FEE \$150</b>

Prices include all support and supplies!  
All Bold prices are paid to Vitality Medical Spa directly.

**View our Weight Loss Program Page at: [www.erinfusions.com](http://www.erinfusions.com)**  
**New Patient Intake Form available on our “Patients” page**

## **Glo Peptide**

The Glo peptide protocol combines three peptides: BPC-157, TB-500, and GHK-Cu. This combination is designed to promote tissue repair, reduce inflammation, and support overall health. While primarily used for healing and skin rejuvenation, some users have reported additional weight loss benefits when using the Glow peptide protocol.

## **Sermorelin**

Sermorelin is a synthetic peptide that stimulates the pituitary gland to release growth hormone (GH). It is used to enhance metabolism, support lean muscle growth, and promote fat breakdown. While sermorelin does not directly cause weight loss, it can help improve body composition by increasing muscle mass and reducing fat.

## **NAD+**

NAD<sup>+</sup> (nicotinamide adenine dinucleotide) is a coenzyme that plays a crucial role in cellular metabolism and energy production. NAD<sup>+</sup> supplementation can enhance mitochondrial function, boost metabolism, and support fat oxidation. While the weight loss effects of NAD<sup>+</sup> are generally modest, it can be a valuable addition to a comprehensive weight management program.

## **Naltrexone**

Naltrexone is a medication traditionally used to treat alcohol and opioid addiction. However, it has also shown promise as a weight loss aid, particularly when used in combination with other medications like bupropion (marketed as Contrave). Here are some key points about naltrexone for weight loss: Naltrexone works by blocking opioid receptors in the brain, which can help reduce cravings and the pleasure associated with eating. This can lead to a decrease in overall food intake and support weight loss efforts. Clinical studies have shown that the combination of naltrexone and bupropion can result in significant weight loss over 52 to 56 weeks. Participants in these studies experienced a reduction in body weight, with some achieving a weight loss of 5% or more.

# Peptides



30 Day Supply Pricing

Sermorelin nasal spray

\$150

Naltrexone

\$120 30 tablets

NAD+ injection

\$200 for 500 mg vial

(10 weekly doses)



[www.erinfusions.com](http://www.erinfusions.com)



# Introducing

## GLO PEPTIDE BLEND

- **GHK-Cu:** A copper-binding peptide that helps stimulate collagen and elastin production, promotes wound healing, and has anti-inflammatory properties.
- **BPC-157:** A peptide derived from gastric juice that is known to promote tissue healing and repair.
- **TB-500:** A synthetic version of the naturally occurring thymosin beta-4, which helps regulate inflammation and plays a role in cellular repair and healing.

### Potential applications and benefits

- Skin rejuvenation: Stimulates collagen and elastin to improve skin firmness, elasticity, and reduce the appearance of fine lines and wrinkles.
- Accelerated healing: Supports and speeds up the body's natural healing processes, especially after aesthetic procedures like microneedling or facials.
- Anti-inflammatory effects: Helps reduce inflammation in the skin and other tissues.
- Overall tissue health: Aims to improve overall tissue health, leading to more resilient and youthful-looking skin.



Injected subq 3-5 days per week  
\$250 for 5 week supply  
NOT research medication

A great adjunct to GLP-1 meds!

To schedule a consultation with our NP, just visit our Gloss Genius Site at:

[vitalitymedicalspa.glossgenius.com](http://vitalitymedicalspa.glossgenius.com)

and schedule a Weight Loss Consultation with Nurse Practitioner either by telephone or in person!